Uwill
Mental Health & Wellness

CASE STUDY

Supporting Student Mental Health Across Virginia

Aggregate data as of 09/30/2026



Immediate appointment with a licensed therapist based on student preferences

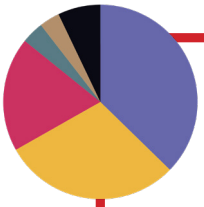
Direct crisis connection with a licensed therapist

Wellness programming to support study skills, stress management, anxiety

Virginia paired investment in student mental health with a streamlined procurement pathway. Its FY2026 budget included $15 million for school-based health services, including mental telehealth, while the Virginia Department of Education selected Uwill as an approved teletherapy provider for Grades 6–12. School divisions could use the statewide contract to procure services and apply separately for Department of Behavioral Health and Developmental Services (DBHDS) grant funding, an approach other states can use to support expanded access to care. **Uwill currently supports the mental health and wellness of more than 43,000 K-12 students across seven divisions in the state.**

Top Focus Areas Searched:

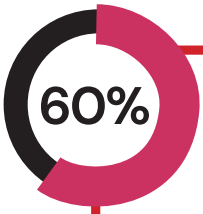
1. Anxiety
2. Depression
3. Mood Swings
4. Academic Concerns
5. Attention and Concentration
6. Grief
7. Stress
8. Panic or Overwhelm
9. Relationships
10. Loneliness



Race/Ethnicity of students using Uwill

1. White 37.3%
2. Black or African American 29.5%
3. Hispanic Latinx 19.0%
4. Asian American 3.7%
5. West Indian Caribbean 3.4%
6. Other 7.1%

9.3/10
student feedback rating



of sessions occur outside school hours
(M-F 3PM-8AM and weekends)

> By offering real-time access to licensed mental health counselors, we're making it easier for students to get support when they need it and helping prevent crises before they start.
>
> **– Robert Jamison**, Executive Director of Student Support Services, Virginia Beach City Public Schools



Prince Edward County Public Schools · Virginia Beach City Public Schools · Salem City Schools · Brunswick County Public Schools